# NEWSLETTER 15 JULY 2019

No. 720

#### WHAT'S HAPPENING THIS WEEK:

#### Medication

If your child needs medication during school time, please complete a form – available on the website or from the office.

 School Dinner Money and School Trips need to be paid for on ParentPay.

#### This Week

This week is Basic Skills and Outdoor Learning Week.

## Monday 15<sup>th</sup>

Football Match vs St Neot

# Tuesday 16<sup>th</sup>

- Yr 6: Trethorne
- 2.45pm Violin Assembly

# Wednesday 17<sup>th</sup>

- Yr 6: Home Learning Exhibition
- Sugar Waste/ Smart day

# Thursday 18<sup>th</sup>

- Yr 5: Tamar Bridge
- Yr 4: Tamar Bridge
- Summer Fair From 2.45pm

# Friday 19<sup>th</sup>

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# Farm Rota – Summer Holidays

Please come and put your name on the rota to water the plants and feed the animals. Many families enjoy coming and feeding and spending time on the farm.

You are welcome to use the grounds while you are there. Polly loves visitors in the holiday time. All the instructions are on the whiteboard and telephone numbers are available if there is a problem. If every family took a turn then it would fill quickly. Will and Phil can meet with you beforehand should this be helpful. They will also provide a sheet of information.

The rota is in the office and will then be circulated by Email so please let us know the best email address for you.

# Summer Fair Thursday 18<sup>th</sup> July

The Summer Fair starts at 2.45pm with a parade of Space Hats.

# Competitions:

- @ Best Space Hat
- Q Alien on a Stick
- Space in a shoe box

#### Plus

- @ Burger Van
- @ Bouncy Castle
- Soak the teacher
- @ Craft stalls
- Face painting
- Maypole Dancing

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Tea room

#### **Help required:**

To run tea room stall 🔻

2.45 - 3.15 | 3.15 - 3.45 | 3.45 - 4.15

Setting Up from 9.30am

Packing up from 4.30pm ish

Cake and Biscuit donations required

# 15

## Well done

Well done to Year 6 whose hard work paid off as shown in the KS2 tests. They can be very proud of both their attainment and progress. More importantly they will be in a good position to move onto secondary school next term. They will be missed but we hope they are leaving with good memories and strong foundations.

#### **Class and Team Photos**

The orders for Class and Team photos (proofs were sent home last week) will be collected on **Monday 22 July**, so please ensure your order is in the office by then.

We will receive the photos in September and will contact current Year 6 parents once we have received them to organise collection.

#### **Speech Day**

Thank you to all who came and joined in the celebration of our school year. The Master of the Ironmongers really enjoyed the visit and meeting many of you.

#### **School Uniform**

Thank you for making sure the children looked smart in their uniform on Friday. We encourage children to take a pride in their presentation, in books and encourage them to look smart in their uniform. We have large quantities of second hand uniform if it would be useful and it will be available at the Summer Fair on Thursday.

#### No messing about please!

On Friday 5th July, the School Council met with Mr Gingall to discuss the regeneration of the Landrake play park, the use of the phone box in the village and helped raise the awareness of the problem with dogs' mess around the village by placing polite reminder posters for dog owners. If you have any design ideas for the play park or innovative ways to use the phone box, please draw your ideas with annotation and hand to your School Council rep or place in the School Improvement Box. Thank you Miss Appleby and SRG School Council ©





#### **Summer Reading Challenge**

Taking part in the Summer Reading Challenge is simple – when the summer holidays start, you can sign up for free at your local library.

You'll receive your very own Space Chase mission folder to get you started.

Read six library books (or more!) over the holidays to collect special stickers to add to your folder.

Collect all the stickers to find the aliens, save the missing books and complete the Challenge.

Grab your space suit and take a giant leap into the library this summer!



#### **Residential One Night**

We are looking forward to our forest expedition in the first full week of term. Year 6 will go on Monday 9<sup>th</sup> September.

# Information from Spirit of Adventure

#### **Dart Expedition**

Our two day, one night forest expedition is a gentle introduction to wild living and takes place at the Dartmouth site.

This is a wonderful opportunity to explore the Dart estuary between Dittisham and Dartmouth. The trip involves hiking on footpaths and woodland trails. We spend one night camping close to the river on the stunning Raleigh Estate, with a private creek, river frontage and acres of fields and woodland (find out more about the estate at www.raleighestate.co.uk). This venue also provides us with a sheltered secluded campsite and the perfect location for our bushcraft adventures.

#### Day One

Meet at approx. 11.00am

Start at Hole Farm Car park and walk into Balcombe Camp. After a short briefing session, the expedition will walk to camp, we may stop for lunch on route.

Arrive at camp, briefing, prepare camp and settle in

We will have whittling session making toasting forks.

Zip wire session.

Later we will make pizzas in small groups and finish tea by making toast.

After tea we will have some time to play in and around camp, we may also go for a walk, as it gets dark. The evening will finish with hot chocolate around the fire.

#### Day Two

Our staff will cook breakfast before packing for the return trip, there may be the opportunity to develop further skills such as woodland construction, carving, knots etc. (possible canoe session). For lunch we will have fresh bread and soup and talk about our experiences. We finally break camp and walk a shorter way to meet our transport at 1.30pm.

#### Sugar/Waste Smart Day – this Wednesday

As part of our Eco/Healthy schools project to reduce single use plastics and the levels of obvious/hidden sugars in our diet, the children have been keen to organise a focus day.

Therefore this Wednesday, 17<sup>th</sup> July will be a day on which we would like everyone's support in trying to become more sugar/waste smart. The Eco Committee would like everyone to be inventive in trying to create a heathy lunchbox/snack that uses less plastic. As a bonus, take a photo as this will also contribute points towards the home learning exhibition!

Ideas that the children have come up with:

- 1. Bake a low sugar cake (recipe below)
- Veg/fruit sticks in a re-usable pot eg. cucumber/carrot sticks/cherry tomatoes/fruit salad
- 3. Pitta bread and houmous
- 4. Buy a large bag of crisps and split into smaller servings
- Lots of fruit bananas have their own wrappers provided. Cut fruit can have a squeeze of lemon juice added to stop it going brown.
- 6. Plenty of chilled water, maybe with fruit in it?
- 7. Use sandwich wrappers/beeswax paper/paper bags to wrap food
- 8. Use re-usable drinks bottles not cartons/flimsy bottles
- 9. Look at the labels on things like 'Fruit Winders' and cereal bars as they often have hidden sugars. Dried fruit is healthier but better just at mealtimes.
- 10. Tinned fruit in juice (not syrup)
- Add a bit of salad to sandwiches/wraps/bagels to add some of the 5 a day.

Many thanks for your support in achieving this – we are very close to achieving our Sugar Smart status! Mrs Cunningham and the Eco Committee

#### Lower sugar banana loaf - try this at home!

This is a lovely moist loaf, which really doesn't need to be buttered. It freezes extremely well. Any bananas left in the fruit bowl are ideal for this cake - the riper the better. Add other ingredients that you fancy eg. sultanas/cinnamon/raisins or a tiny drizzle of melted chocolate when it has cooled – yum!

#### Ingredients

100g (4oz) butter, softened

75g (3oz) caster sugar – less sugar can be

used, as fruit can provide sweetness

2 eggs

2 ripe bananas, mashed

225g (8oz) self-raising flour1 tsp baking powder

2 tbsp milk

#### **Essential Kit**

You will need a 900g (2lb) loaf tin, 17 x 9 x 9cm (6½ x 3½ x 3½ in) base measurement.

#### Method

Lightly grease the loaf tin and line it with nonstick baking parchment. Pre-heat the oven to 180°C/350°F/Gas Mark 4.

Measure all the ingredients into a mixing bowl and beat for about 2 minutes, until well blended; an electric mixer is best for this but of course you can also beat by hand with a wooden spoon. Spoon the mixture into the prepared tin and level the surface. Bake for about 1 hour, until well risen and golden brown. A fine skewer inserted in the centre of the cake should come out clean.

Leave the cake to cool in the tin for a few minutes, then loosen with a small palette knife and turn the cake out. Remove the lining paper and leave on a wire rack to cool completely. Slice thickly to serve.

#### **Parent Hub**

We would like to welcome you to the new Parent Hub that will be starting in September.

The Parent Hub will be open on the second Thursday of every month from 3-6pm for you to drop in at any point for coffee and cake. Each month will have a specific focus where we will have information about topics such as homework (including the benefits of Mathletics and Spellodrome), E-safety in school and at home, Thrive, Parent workshops and other things available to you and your family within our school.

The Hub will be a welcoming, relaxed and friendly atmosphere where you can come and chat to the team about school life and the wealth of opportunities and resources we have available, that as parents and guardians you may not be aware of.

Please pop into our open door launch night on Thursday 19<sup>th</sup> September where there will be an opportunity to see in more detail what the hub has to offer and hopes to achieve and discuss any suggestions you may have to help make the Hub work for you.

# <u>DATES FOR THE DIARY</u>:

Mon 22 Jul Yr 6: Lantallack

Wed 24 Jul 1.15pm Leavers Assembly

Last day of school

Thu 25 Jul Inset Day

Fri 26 Jul Summer Holidays

Wed 4 Sep Inset Day

Thu 5 Sep Back to school

9-10 Sep Yr 6: Dittisham Residential 10-11 Sep Yr 5: Dittisham Residential 11-12 Sep Yr 4: Dittisham Residential 12-13 Sep Yr 3: Dittisham Residential Thu 19 Sep Home Learning Exhibition Individual/Family Photos

21-25 Oct Half Term Mon 28 Oct Inset Day

Thu 28 Nov Nasal Flu Immunisation (R-Y6)

Fri 20 Dec Last day of School 23Dec – 3Jan Christmas Holidays

Mon 6 Jan Inset Day

Tue 7 Jan Back to school 17-21 Feb Half Term 30Mar–13Apr Easter Holidays

Mon 4 May Bank Holiday
25-29 May Half Term
Mon 1 Jun Inset Day

Thu 23 Jul Inset Day

Fri 24 Jul Summer Holidays

#### LOST PROPERTY

Sweatshirt and Hoody – named Charlie T. If found, please return to Reception class or the office.