



For every age and stage, help with parenting is there for everyone!

We offer interactive parenting programmes both online and face to face.

Programmes currently available are:

- **Solihull: Understanding your Child** – Supporting parents/carers of children aged 1 to 11 (10 x 2-hour sessions)
- **Parents Plus Adolescents Programme** – Supporting parents/carers of teenagers aged 12 to 19 (10 x 2-hour sessions)
- **Living with Parents** – a one day workshop for parents and their young person aged 12 to 17 years.
- **Supporting Healthy Relationships** – (3 x 2-hour sessions)



- **Me, You and Baby Too** (for parents pre-birth – 12 months)
- **Arguing Better** (for parents of children aged 1 – 19)
- **Getting it Right for Children** (for separated/separating parents with children aged 0 – 19)

To book visit

www.cornwall.gov.uk/parenting

Contact us

Email: parenting@cornwall.gov.uk