

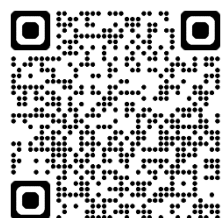


## For every age and stage, help with parenting is there for everyone!

We offer interactive parenting programmes both online and face to face.

Programmes currently available are:

- **Solihull: Understanding your Child** – Supporting parents/carers of children aged 1 to 11 (10 x 2-hour sessions)
- **Parents Plus Adolescents Programme** – Supporting parents/carers of teenagers aged 12 to 19 (10 x 2-hour sessions)
- **Living with Parents** – a one day workshop for parents and their young person aged 12 to 17 years.
- **Supporting Healthy Relationships** – (3 x 2-hour sessions)
  - **Me, You and Baby Too** (for parents pre-birth – 12 months)
  - **Arguing Better** (for parents of children aged 1 – 19)
  - **Getting it Right for Children** (for separated/separating parents with children aged 0 – 19)



### To book visit

[www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting)

### Contact us

Email: [parenting@cornwall.gov.uk](mailto:parenting@cornwall.gov.uk)



**CORNWALL  
COUNCIL**  
*one and all • onen hag oll*

Together   
for Families



[www.cornwall.gov.uk](http://www.cornwall.gov.uk)