Saltash Foodbank

Christmas Shopping List

- UHT milk
- UHT fruit juice
- Squash
- Sugar
- Coffee
- Instant Custard
- Sweets
- Chocolate
- Sweet biscuits
- Jam
- Savoury Biscuits
- Gravy mix
- Tinned vegetables
- Tinned fruit
- Tinned tomatoes
- Tinned fish
- Tinned ham
- Chutney / pickles
- Christmas Cake
- Mince Pies
- Gifts for Teens
- Gifts for Men&Boys 8+

info@saltash.foodbank.org.uk

Saltash Foodbank
Together with Trussell



Saltash Foodbank is a registered charity in England & Wales (1157577)